

REPORT No:

FILE No :



NEHRU MEMORIAL COLLEGE
(AUTONOMOUS)
REACCREDITED WITH "A+" GRADE (2nd CYCLE) BY NAAC)
PUTHANAMPATTI - 621 007

Seminar/ Guest lecture/ Workshop/ any other Programme Conducted Details

Name Of The Programme : INTERNATIONAL YOGA DAY
Title : INTERNATIONAL YOGA DAY
Date : 21/06/2024
Time : 10.30 am
Venue : AUDITORIUM
Organized By College/Dept : ROTARACT CLUB & VEDATHIRI MAHARISHI,
NEHRU MEMORIAL COLLEGE,
PUTHANAMPATTI - 621 007
Staff In-Charge/ Organizer : DR. M. RAMESH,
PRESIDENT, ROTARACT CLUB &
ASSISTANT PROFESSOR DEPARTMENT OF
CHEMISTRY,
NEHRU MEMORIAL COLLEGE,
PUTHANAMPATTI - 621 007

Please enclose the following and tick appropriately

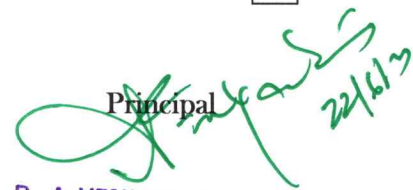
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|---------------------------------------|-------------------------------------|--|-------------------------------------|
| 1) Programme Invitation | <input checked="" type="checkbox"/> | 2) News Paper Clippings of the Programme | <input type="checkbox"/> |
| 3) Minutes/ Report of the Programme | <input checked="" type="checkbox"/> | 4) Photo Clippings of the Programme | <input checked="" type="checkbox"/> |
| 5) Attendance Report of the Programme | <input type="checkbox"/> | 6) CRITERION : | <input type="checkbox"/> |

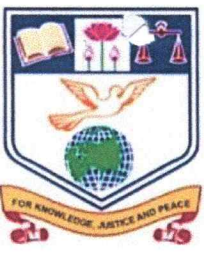

Programme Organizer

Dr. M. RAMESH,
M.Sc., M.Phil., Ph.D., M.Sc. (YHE), PGDCA.,
Assistant Professor in Chemistry
Nehru Memorial College (Autonomous)
Puthanampatti - 621 007, Trichy Dist.
IQAC Coordinator


22/6/24
IQAC COORDINATOR
Nehru Memorial College (Autonomous)
Puthanampatti-621 007
Tiruchirappalli, Tamil Nadu




Principal
Dr. A. VENKATESAN, M.Sc., M.Phil., Ph.D.,
PRINCIPAL
NEHRU MEMORIAL COLLEGE (AUTONOMOUS)
PUTHANAMPATTI-621 007,
TIRUCHIRAPPALLI DISTRICT.



NEHRU MEMORIAL COLLEGE

(AUTONOMOUS)

(Affiliated to Bharathidasan University)

Nationally Accredited with "A+" Grade by NAAC
PUTHANAMPATTI - 621007, TIRUCHIRAPPALLI.



ROTARACT CLUB OF NEHRU MEMORIAL COLLEGE

&

VETHATHIRI MAHARISHI SKY YOGA - WCSC, TRICHY ZONE

Jointly Organize

INTERNATIONAL YOGA DAY CELEBRATION

(Yoga for Self and Society)

Date: 21.06.2024

Venue: Mookkapillai Auditorium

Time: 10.30 a.m.

Chief patrons

Thiru. Er. PON. BALASUBRAMANIAN

President

Nehru Memorial College

Thiru. PON. RAVICHANDRAN

Secretary

Nehru Memorial College

Patrons

Dr. A. VENKATESAN

Principal

Nehru Memorial College

Dr. K.T. TAMILMANI

Vice Principal

Nehru Memorial College

Resource Person

Sr. Prof. JAYAPRAKASH

President, WCSC, Trichy

Mr. S. AYYAPPAN

Assistant Professor, WCSC, Trichy

Mr. S. KANNAN

Assistant Professor, WCSC, Trichy

Organizing Secretary

Dr. M. RAMESH

Assistant Professor

Department of Chemistry

Nehru Memorial College

Co-Organizing Secretary

Dr. V. R. VIJAYALAKSHMI

Assistant Professor

Department of Tamil

Nehru Memorial College

All Are Welcome



NEHRU MEMORIAL COLLEGE

(AUTONOMOUS)

Nationally Reaccredited with 'A+' Grade by NAAC

Puthanampatti, Trichy District – 621007, Tamil Nadu.



Date: 21/06/2024

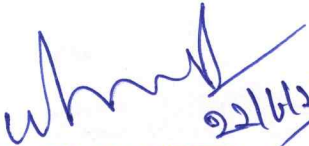
"International Yoga Day" Report

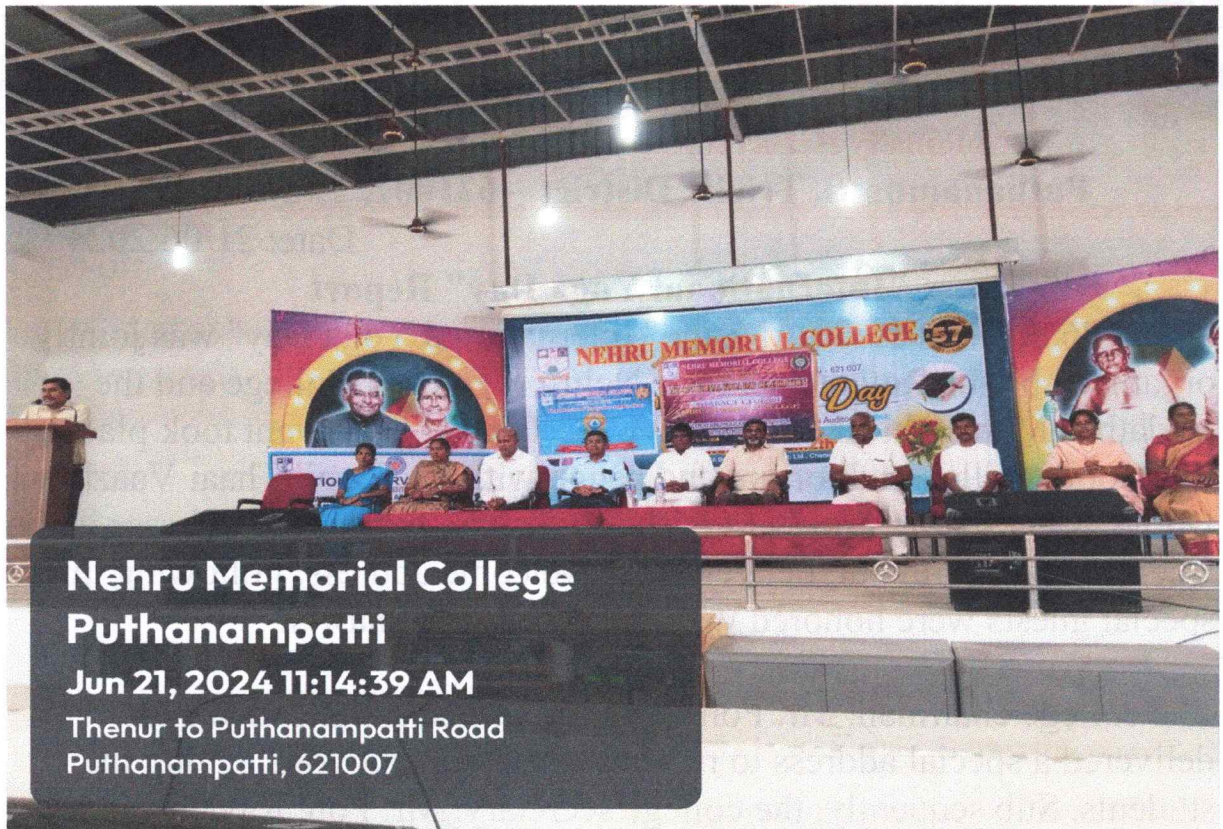
On 21/06/2024, at 10:30 AM, the "International Yoga Day" was jointly organized by the Rotaract Club of Nehru Memorial College and the Vedathiri Maharishi SKY Yoga WCSC Trichy. This event took place at the Mookappillai Auditorium and began with the Tamil Thaaai Vaazhthu. Dr. M. Ramesh, the President of the Rotaract Club and a Professor in the Chemistry Department, delivered the welcome address. Following this, special guests were honored with mementos and shawls.

The college chairman, Mr. Pon. Balasubramaniyan, attended and delivered a special address to raise awareness about yoga among the students. Subsequently, the college secretary, Mr. Pon. Ravichandran, explained the significance of yoga. The principal, Dr. A. Venkatesan, gave a special speech on the importance and benefits of yoga.

The chief guest, Professor Jayaprakash, President of WCSC Trichy, provided an explanatory speech on yoga to the students. He, along with Assistant Professors Mr. S. Ayyappan, Mr. S. Kannan, and Ms. Monisha from WCSC Trichy, conducted yoga training sessions for the students.

Yoga is essential for revitalizing both the body and mind, promoting health, and safeguarding humanity. To express gratitude for organizing such a special event, Dr. V.R. Vijayalakshmi, a Professor in the Tamil Department, delivered the vote of thanks. The event was hosted by third-year chemistry students S. Mathanika and J. Arunapriya. Finally, the event concluded gracefully at 12:00 PM with a traditional folk song.

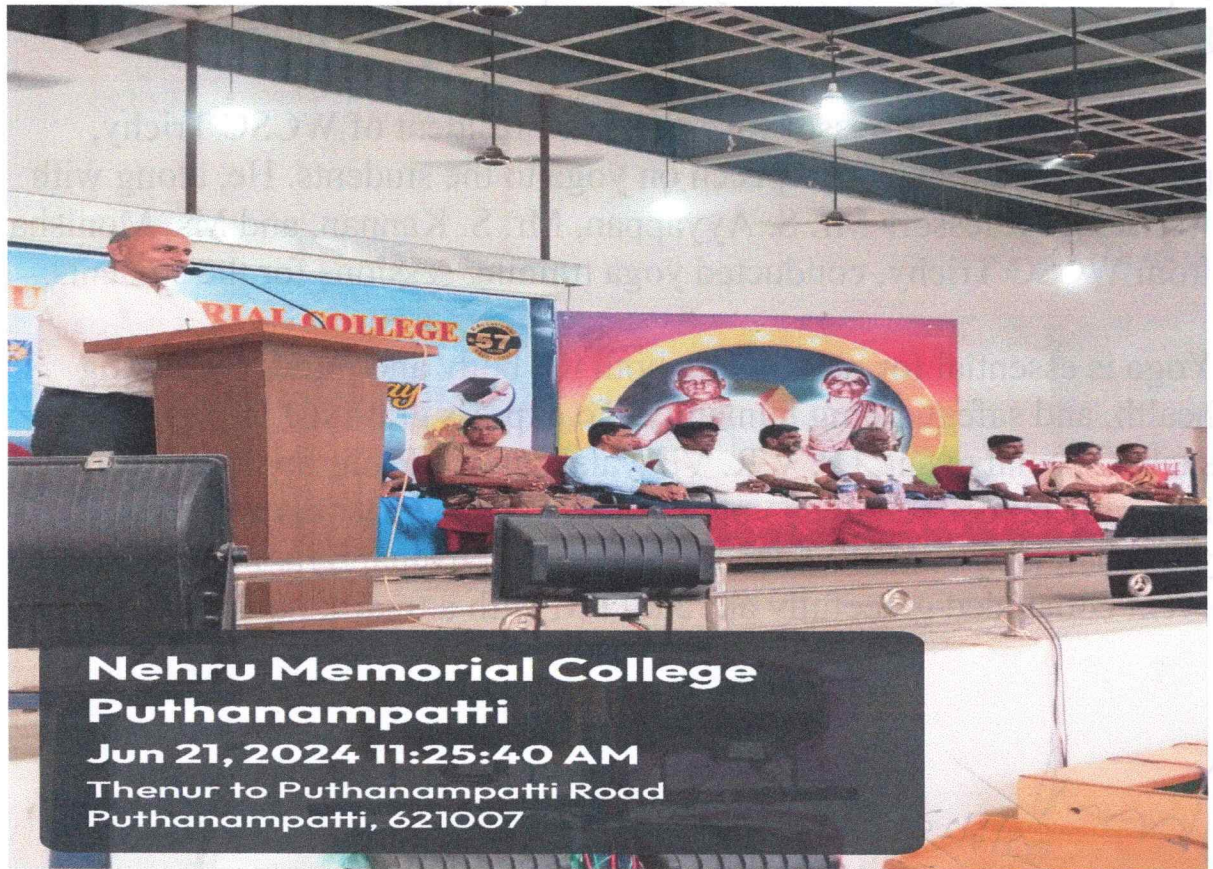

22/6/24
Dr. M. RAMESH,
M.Sc., M.Phil., Ph.D., M.Sc. (YHE), PGDCA.,
Assistant Professor in Chemistry
Nehru Memorial College (Autonomous),
Puthanampatti - 621 007, Trichy Dist.



**Nehru Memorial College
Puthanampatti**

Jun 21, 2024 11:14:39 AM

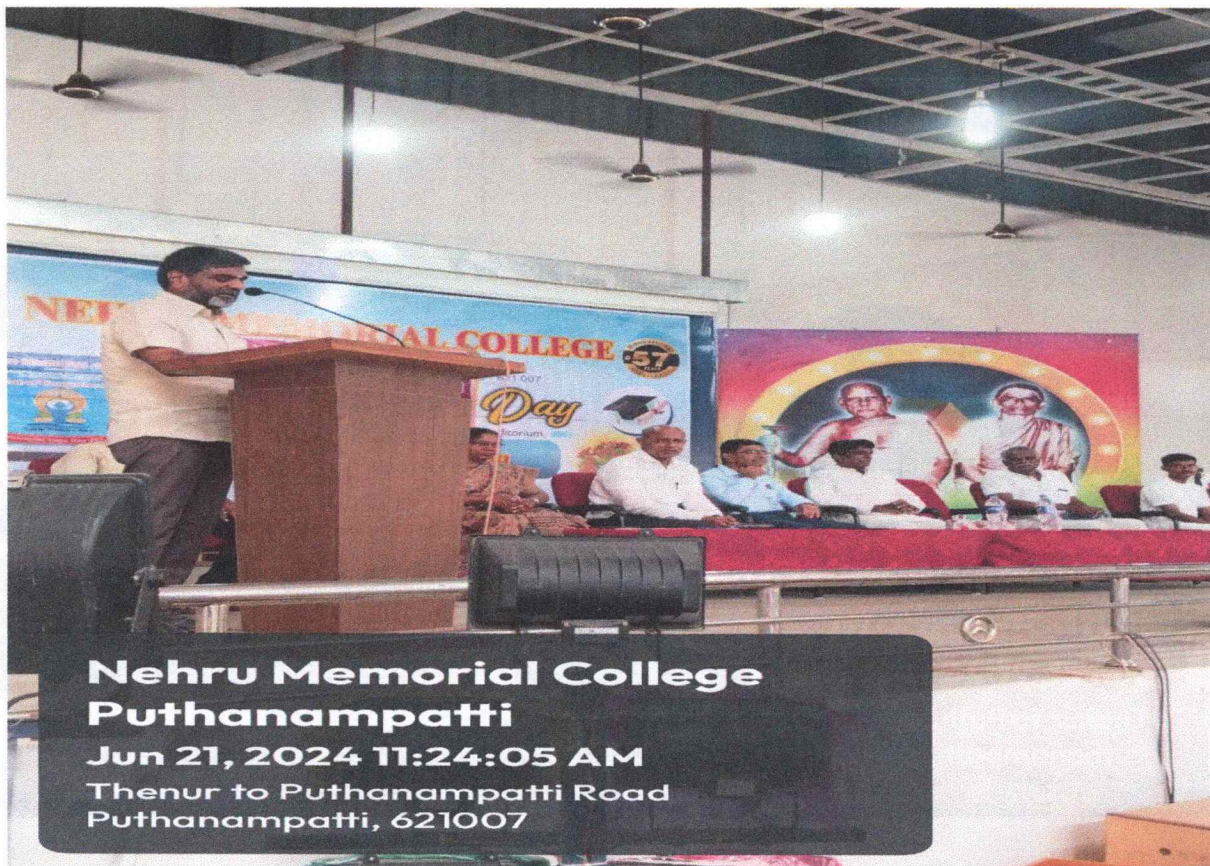
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Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

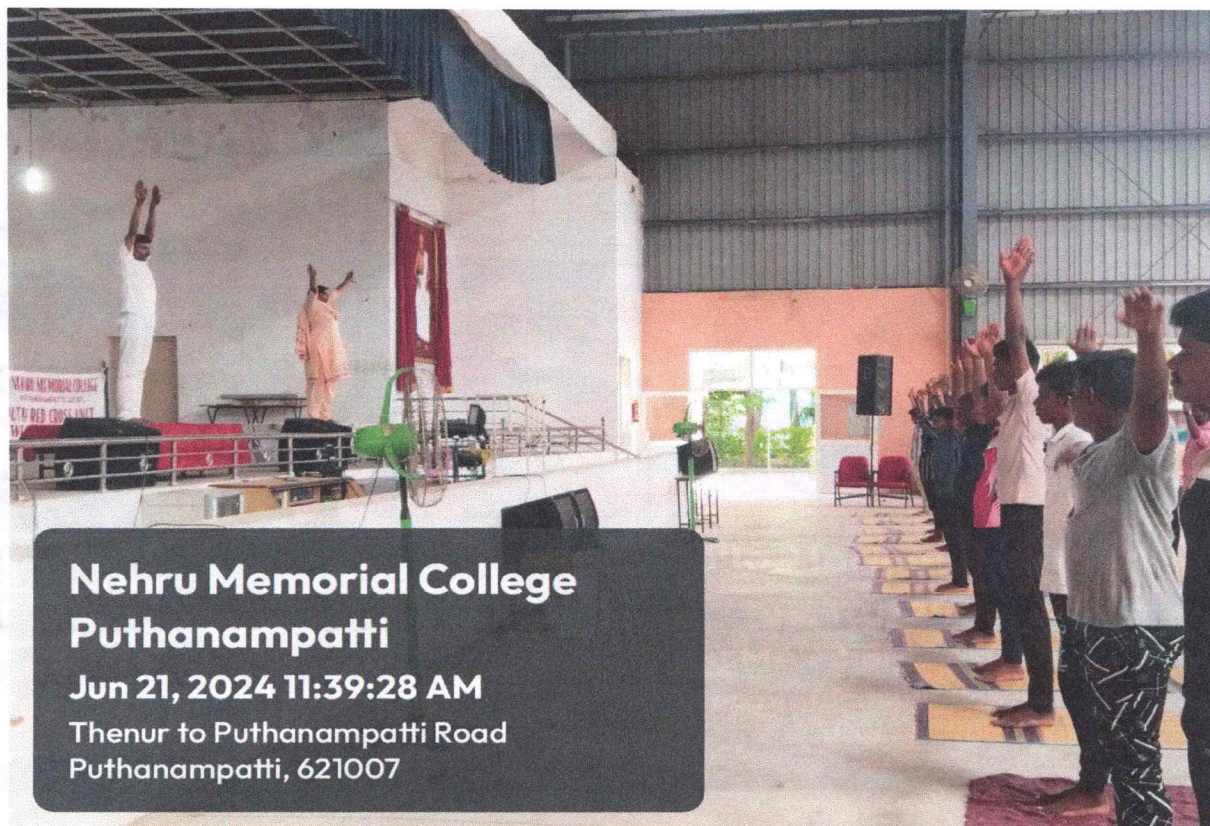
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Thenur to Puthanampatti Road
Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

Jun 21, 2024 11:24:05 AM
Thenur to Puthanampatti Road
Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

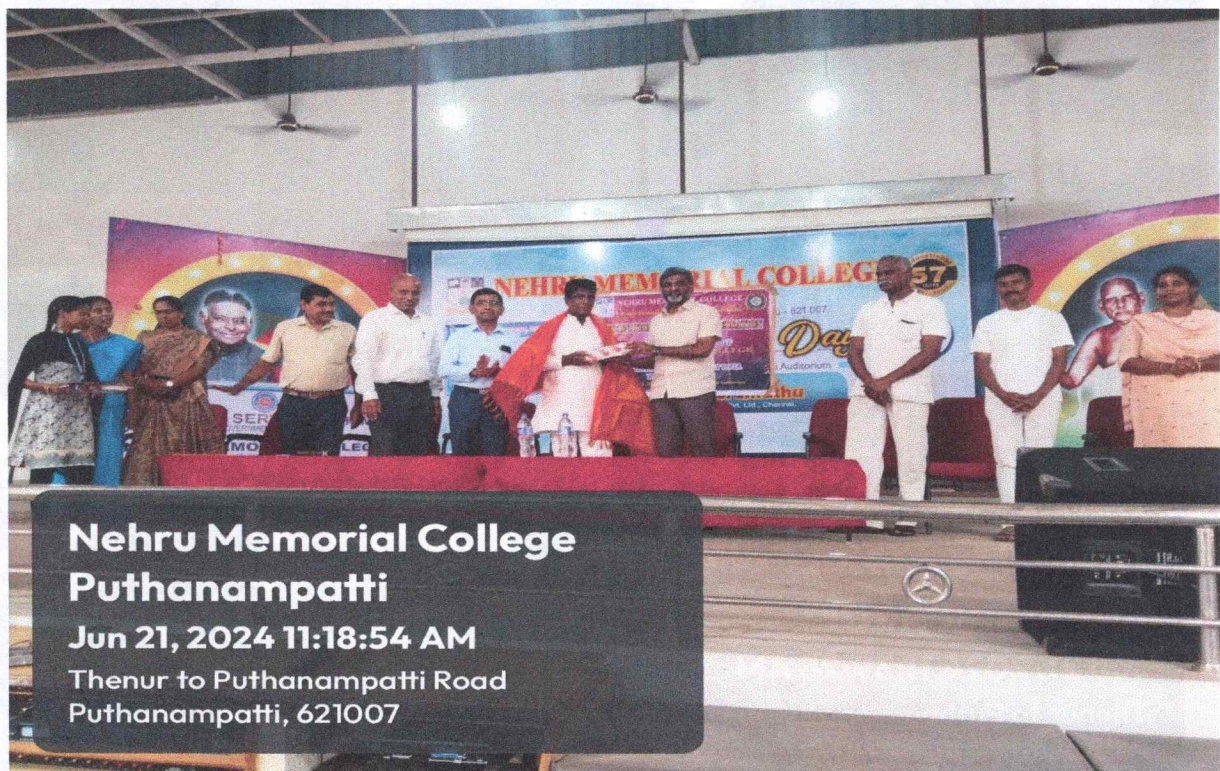
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Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

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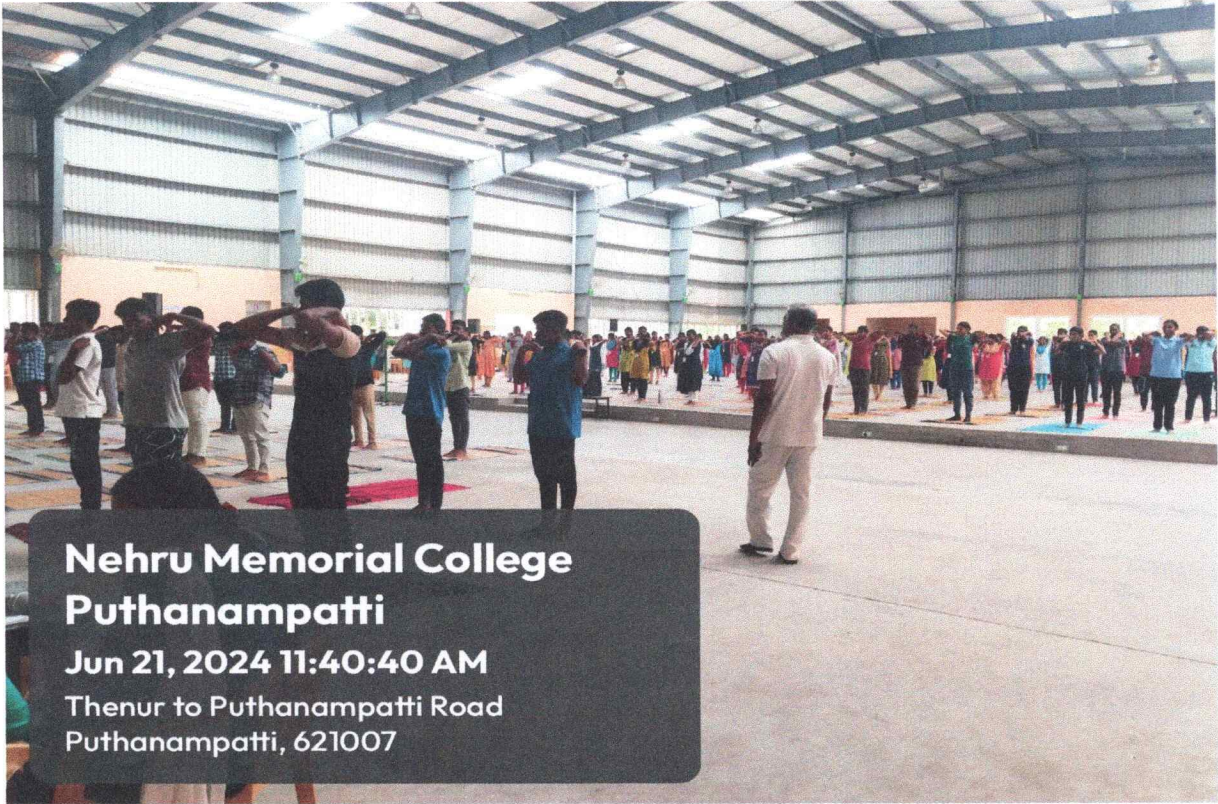
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Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

Jun 21, 2024 11:18:54 AM

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Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

Jun 21, 2024 11:40:40 AM
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Puthanampatti, 621007



**Nehru Memorial College
Puthanampatti**

Jun 21, 2024 11:21:02 AM
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Puthanampatti, 621007

